

MESSAGE FROM PASTOR BETSY



It's HOT! You can't miss that truth in this Louisiana July. Triple digit high temperatures are almost commonplace. Our Southern roots remind us what we must do in order to survive these dog days of summer. 1) Slow down 2) stay cool and 3) drink plenty of water. It occurs to me that these prudent recommendations for our physical health can be adapted to our spiritual health as well.

1. Slow down.

Southerners are often accused of slow speech (the slow, Southern drawl) and a relaxed pace. I have often thought that our hot summers are the real cause of the "Southern pace." It's just hard to move fast when the humidity is as thick as soup and the air feels like a blanket weighing you down. But, even in the South we have a tendency to move at a frantic pace, trying to cram one more thing into our day. It's nice when someone says, "Come on in out of the heat. Pull up a chair and sit for a while." The Psalmist writes "Be still and know that I am God." (Psalm 46:10). There is something absolutely revitalizing about slowing down and taking time each day to be still and to turn our hearts and minds to God. Take a deep breath at least once or twice a day. Get still and sit for a while with the Creator of the Universe.

2. Stay cool.

When Paul writes to the young church at Rome, he instructs them on the marks of a true Christian. In chapter 12 of Romans, Paul counsels "Do not repay anyone evil for evil but take thought for what is noble in the sight of all." (Romans 12:17) When we feel hurt or insulted, it is hard not to sling something hurtful back. But, if we can take time to cool off and give God a chance to direct our thoughts and words, we may do more than avoid the escalation of an argument, we may be living examples of Christ. How cool is that?

3. Drink plenty of water.

When Jesus encountered the woman at the well asking the Samaritan woman for a drink of water, he told her that if she knew who he was, she would be asking him for "living water." "Everyone who drinks of this water will be thirsty again but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." (John 4:14). We need to be keep a glass of water handy and be drinking all day to remain hydrated. Each time we reach for the cool water to quench our physical thirst, let's take a moment to turn our hearts to Jesus to receive the living water.

I imagine a Southern porch, ceiling fans turning, rocking chairs waiting and pitchers of cold water ready. The Lord of the Universe invites us to slow down, cool down and drink deep.

Blessings, Pastor Betsy





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CHILDREN'S NEWS

We had a wonderful time attending VBS at Broadmoor!

The children attended lots of activities while they learned how Jesus rescues us. They also made new friends!

Thank you to all who attended & supported VBS with your donations and time. Your items will be returned next week.



 August 7th we will have our end of year swim party at Mrs Darby's house from 5:30 - 7:30. We will have grilled hot dogs and hamburgers. A letter will go home next week with details.



August 12th will be the Blessing of the Backpacks!
 All students (any grade), teachers, professors & school employees please bring your backpack to church for a special blessing.

Thank you for loving and supporting our children!

Please check the FaceBook page for updates. (facebook.com/KidsStLukes)



Choose MINISTRIES tab then select SERMONS. (You can listen online or download to your device)

YOUTH GROUP NEWS

Can't believe summer is winding down.

School will soon be kicking into gear & I hope you all will remember Peter did have faith enough to get out of the boat!

- Last week we took the proceeds form our garage sale & bought can goods for the Common Ground food pantry. We took them to the center & stocked the pantry.
- We also served as personal shoppers helping community members select & fill their baskets with food items
- Please mark August 15 on your calendars. The 6th graders will be formerly be welcomed into the youth group. We will celebrate with the best messy game ever.
- We will also be celebrating the starting of 2018 school year!!!
 Our time together will begin immediately following 10:45 service till 2:30... Lunch will be served.

Blessings from St Luke's Youth Dept!

Contact Momma T for details: tanialang50@gmail.com





MUSIC MINISTRY NEWS

The Music Ministry at St. Luke's invites you to participate this year!



Becoming an active member of our Handbell Choir or Chancel Choir is a great way to support our church, create new friendships, and give of your talents and energy. No need for training or degrees, just bring your enthusiasm for worship through music!

Scripture gives at least seven purposes for worshipping through music:

- The Purpose of Worship: "And all the congregation worshipped, and the singers sang, and the trumpeters sounded: and all this continued until the burnt offering was finished" (2 Chronicles 29:28).
- The Purpose of Thanks: "Sing unto the Lord with thanksgiving; sing praise upon the harp unto our God" (Psalm 147:7).
- The Purpose of Rejoicing: "Make a joyful noise unto the Lord, all the earth: make a loud noise, and rejoice, and sing praise. Sing unto the Lord with the harp; with the harp, and the voice of a psalm" (Psalm 98:4–5).
- The Purpose of Consecration: "Search me, O God, and know my heart: try me, and know my thoughts" (Psalm 139:23). (Spoken in song!) "Praise ye the Lord. I will praise the Lord with my whole heart, in the assembly of the upright, and in the congregation" (Psalm 111:1).
- The Purpose of Edification: "Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord" (Colossians 3:16).
- The Purpose of Evangelism: "And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the Lord" (Psalm 40:3).





• The Purpose of Preservation of Faith: "One generation shall praise thy works to another, and shall declare thy mighty acts. I will speak of the glorious honour of thy majesty, and of thy wondrous works" (Psalm 145:4–5).

Come on by and join the fun!

HANDBELL CHOIR @ 5:30 PM ON WEDNESDAYS CHANCEL CHOIR @ 6:30 PM ON WEDNESDAYS





STAFF

Reverend Betsy Eaves

Pastor

Beth Duet

Director of Music Ministry
Office Administrator

David Bingham

Lay Pastor, AMOR

Ashley O'Quinn

Treasurer

Laura Hirsch

Music Accompanist

Momma T (Tania Lang)

Spiritual Director of Youth

Christy Terrill

Children's Ministry Director

Brittany Richardson

Nursery Coordinator

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WORSHIP

SUNDAYS, 8:30 & 10:45 AM

SUNDAY SCHOOL

9:30 AM

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CONTACT ST. LUKE'S

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AUGUST 2018 ST. LUKE'S UMC CALENDAR OF EVENTS

AUGUST 5

AUGUST 7

HEALTHY LIFESTYLES, 2 PM

KIDS SWIM PARTY, 5:30 - 7:30 PM

SUNDAYS

AUGUST 5, 12, 19, 26 WORSHIP 8:30 & 10:45 AM

SUNDAY SCHOOL, 9:30 AM

AA, 7 PM

MONDAYS

AUGUST 6, 13, 20, 27 AA, 8 PM

TUESDAYS

AUGUST 7, 14,21, 28 STAFF MEETING, 10:30 AM

YOUNG ADULTS, 5:45 (14TH IS TACO TUESDAY)

WEDNESDAYS

AUGUST 1, 8, 15, 22, 29 KOINONIA, 7 AM

CENTERING PRAYER, 10 AM HANDBELLS, 5:30 PM CHANCEL CHOIR, 6:30 PM AA, 7 PM

THURSDAYS

AUGUST 2, 9, 16, 23,30 LECTIO DIVINA, 8 AM **AUGUST 2** MISSIONS, 5:30 PM

CRAFTERS, 10 AM **AUGUST 9** UPPER THIRD, 11:30 AM

AA, 7:30 PM **AUGUST 16** UMW, 11 AM

AUGUST 23 CRAFTERS4MISSION, 5:30 PM

FRIDAYS

AUGUST 3, 10, 17, 24, 31 LOW KEY SERVICE, 6 PM

AA, 8 PM

SATURDAYS

AUGUST 4, 11, 18, 25 AA, 10 AM **AUGUST 18** YOUTH IGNITE

ALANON, 10 AM S'PORT ROSE STITCHERY GUILD, 10 AM - 2 PM

AUGUST 30

AUGUST 25 CRAFTERS4MISSION, 9 AM - 4 PM

UMM, 6:30 PM

newsletter can be viewed on our website at stlukesumc.community. To have a newsletter mailed, please contact Beth Duet.

^{***} If you have something to submit for the September newsletter or calendar, please have it in the office by August 19th. Our monthly