

"For everything there is a season" -Ecclesiastes 3:1



Halloween decorations hit the stores right after they cleared out the "Back to School" section on Labor Day. I also noticed in Walmart this week Christmas trees are up in the garden center and the toy section is quickly expanding into the aisles. So what

happened to Thanksgiving? Why is it we have a Halloween season and a Christmas season but only have Thanksgiving Day? It seems to me it should be its own season and not just a day in November.

How might our perspective on life be different if we focused on thankfulness as a season? When troubles arise or a difficult situation presents itself, wouldn't an attitude of gratitude ease our stress, give us clarity of thought, or just help us sleep better at night? I mean how much more comforting is it to fall asleep in the arms of our Father in heaven while counting our blessings instead of staying awake because we are bothered by our latest burden.

We will see what pay what we look for. I know that sounds a little funny but it is true. Have you ever noticed when you are in the market for a new car you will see it everywhere? Or perhaps you want to buy a particular watch or jacket. All of sudden everyone has one but you. You notice what you pay attention to. If you are looking for the troubles in your life, don't worry, you will find them. But the opposite is also true. If you focus on the positive, on your blessings with an attitude of gratitude, you will see that too. Plenty in fact. So let's look for the good in our lives. A neighbor bringing your trash can in. A stranger letting you in traffic. A kind word from the person behind the counter. A warm welcome home from a furry friend. A church family that loves you. These are all just little things, but they make a big difference in how we view our blessings. I want to look for what is good so I vote for a season of Thanksgiving that will last not just a day, but a lifetime.



Joining the St. Luke's Family this last quarter:

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Be sure to give them all a warm welcome and invite them to your small group.

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CHILDREN'S MINISTRY NEWS

The children have had a very exciting month! With all the exciting happenings around our Pumpkin Patch, we have learned lots of ways that Christians are like pumpkins! We even had a Glow with God party where we created Christian pumpkins with glowing eyes, noses and mouths. The children wore glow in the dark jewelry and we danced in the dark glowing with the light of God's love. We have had lots of friends coming each Sunday for Sunday School and Children's Church. We are in need of volunteers to help supervise each Sunday. I will be calling soon so please check your calendar so you will have a date that you can help with . I promise you will enjoy your morning! November brings a time of being Thankful so our friends in the children's area will be learning different ways to share God's love with other friends in order to show thankfulness for all Jesus does for us. It is also a time to renew our Safe Sanctuary awareness so we will be sending out times for trainings for all volunteers in any area where there might be children, youth, or special friends. There will be several opportunities to get trained so that everyone will have a time that is hopefully convenient for them.

Thank you for all who support our children whether it is in snacks, supplies, time or money. Please go to the children's Facebook page to see what we are doing and please like and share our page! (St. Luke's UMC Shreveport KIDS)

Christy Terrill, Director of Children's Ministries | 318-470-0779 | cwt125@bellsouth.net









MUSIC MINISTRY NEWS

St. Luke's Needs You to Sing!

Many members of the St. Luke's family recently shared some favorite hymns, hymns that have had deep meaning in their lives and hymns that bring up touching memories. These good songs take the truths hovering in our heads and sink them down to dwell in our hearts. Congregational singing is an important element of worship. Your church needs you to show up, be engaged, and, perhaps more than any of us realize, we need you to sing!

How does your voice benefit your church – especially if your singing voice sounds like a dog's howl? The power of your participation in congregational singing is not in the quality of your tone, but in your voice's testimony to God's faithfulness. It signifies to those around you that you love Jesus and trust His gospel.

What if you don't feel like singing because your soul is downcast and trials threaten your security? These are the times your church needs your voice the most. Your singing becomes a forceful testimony. I remember a church family member who was recently overcome with grief showing up on Sunday morning and singing, "When sorrows like sea billows roll; whatever my lot, Thou has taught me to say, It is well, it is well with my soul." Powerful witness from the pew!

So when the hymns are sung this weekend, don't underestimate what happens when you participate. You are engaging

your heart and witnessing to those around you by declaring God's faithfulness. The simple act of lifting your voice may well be the most significant way you serve your church this Sunday!

(The thoughts above are based on "Your Church Needs you to Sing;" 9/29/19; N. Aufenkamp; desiringgod.org.)

Gratefully,

Beth Duet, Director of Music Ministry | <u>music@stlukesumc.community</u> | 985-991-9617



YOUTH GROUP NEWS

We had a spook-tacular Oct! We joined with the youth at Grace United Methodist Church for their annual Puking Pumpkins and had a great time carving our pumpkins and then watching them "puke."

The Young Adult class helped in the patch Oct. 1. Not sure how much help we were but we did offer a bit of entertainment to the patch shoppers.

Aeryn gave a beautiful stewardship moment on the second Sunday of our stewardship campaign. She spoke of how St. Luke's is her family. We love you Aeryn!

Thanksgiving is fast approaching! It is a good time to take steps to achieve an attitude of gratitude. Here are just a few ways you can begin: stop labeling, appreciation, optimism, avoid comparison, practice kindness, forgiveness, avoid impressing others, and be generous with your time and with your heart. Remember a grateful heart is a magnet for miracles.

Don't forget Prayer Breakfast has changed to Tuesday mornings at 6:50 am . Taco Tuesday is November 12th for the Young Adults.

Momma T, I Spiritual Director of Youthl tanialang50@gmail.com









GED Ministry

Many thanks to those who have offered to tutor in our new GED/
HiSET program. We will using the Third Edition of Kaplan's HiSET Exam Prep, but we can
also work with workbooks students already have. We do not have the facilities for an
online program such as those available from the Board of Education, but we will offer
individual tutoring. If you or someone you know would benefit from this service, please
contact the office so that a time can be arranged for work sessions to begin. Preparation
for the high school equivalency exam is an exciting and worthy endeavor. "Do not be
conformed to this world, but be transformed by the renewal of your mind..." Romans 12:2

Gerrie

From Carolyn Wilburn:

To my St. Luke's family—thank you so much for your love and support since my accident. I appreciate your calls, cards, visits, FOOD, and especially your prayers. Your thoughtfulness has been so helpful.

Carolyn Wilburn

Healthy Lifestyles

NO Healthy Lifestyles for November.

Join us Dec. 8th at 2pm. We will start a 6 month program with exercise.



Crafting 4 Missions

NO Crafting 4 Missions for November or DecemberDebbie Laffitte

St. Luke's Methodist Men

NO St. Luke's Methodist Men meeting for November or December Larry Blair

Upper Third

The November gathering of the Upper Third group has traditionally honored our veterans. Nov. 14th- The speaker will be Carla Pompe of the Barksdale Global Strategic Command. Please invite all the veterans you know!

-Thank you, Donnie

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WORSHIP

SUNDAYS, 8:30 & 10:45 AM SUNDAY SCHOOL, 9:30 AM

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St. Luke Book Club

Our reading selection for November is *The Underground Railroad* by Colson Whitehead. This #1 New York Times bestseller was winner of the 2016 National Book Award, the 2017 Pulitzer Prize, and numerous other prestigious awards. Set in the antebellum era, the plot follows a young slave's escape from a Georgia cotton plantation. In Whitehead's telling, the underground railroad becomes an actual secret network of tracks and tunnels beneath the Southern soil. A gripping tale of one woman's will to escape bondage, this acclaimed novel is also a powerful meditation on the history we all share. Join us for a powerful discussion at 3:00 p.m. on Sunday, the 17th of November, in the church library.



NOVEMBER 2019

SUNDAYS

NOVEMBER 3, 10, 17, 24 WORSHIP, 8:30 & 10:45 AM

> SUNDAY SCHOOL, 9:30 AM YOUTH GROUP, NOON - 2 PM

AA, 7 PM

NOVEMBER 10

CIRCLE SERVICE, 5:15 PM

NOVEMBER 17

BOOK CLUB, 3:00 PM

MONDAYS

NOVEMBER 4, 11, 18, 25

AA, 7 & 8 PM

NOVEMBER 18

SPIRITUAL FORMATIONS GRP,

6:00 PM

TRUSTEES, 7:00 PM

TUESDAYS

NOVEMBER 5, 12, 19, 26 SR. HIGH PRAYER BKFST, 6:50 AM

> CENTERING PRAYER, 4 PM YOUNG ADULTS, 5:45 PM (12TH IS TACO TUESDAY)

MENTAL HEALTH SUPPÓRT GRP, 6:00 PM

NOVEMBER 5

NOVEMBER 12

WORSHIP COMM, 2:00 PM FINANCE COMM, 6:00 PM

NOVEMBER 5,19

STAFF MEETING, 10:30 AM

NOVEMBER 19

CHARGE CONF @ ELLERBE

WEDNESDAYS

NOVEMBER 6, 13, 20, 27 KOINONIA, 7 AM (NO KOINOINA ON 11/27)

> HANDBELLS, 5:30 PM (NO HANDBELLS ON 11/27) CHANCEL CHOIR, 6:30 PM (NO CHOIR ON 11/27)

AA, 7 PM

THURSDAYS

NOVEMBER 7, 14, 21, 28 AA, 6:30 & 7:30PM **NOVEMBER 7 NOVEMBER 14** GRIEF SUPPORT GROUP, 5:30 PM

NOVEMBER 21

WOMEN'S MINISTRY, 12 NOON

COMMON GROUND, 5:15 PM

UPPER THIRD, 11:30 AM

NOVEMBER 7, 21 CRAFTERS, 10 AM

FRIDAYS

NOVEMBER 1, 8, 15, 22, 29 LOW KEY SERVICE, 6 PM

AA, 8 PM

SATURDAYS